

# 12 YEARS STRONG!

Founded in the spring of 2010 by a group of concerned parents and medical staff, CSL's mission is to connect, empower and transform kids with Type 1 Diabetes. Through the last 12 years, we have overcome many challenges together, proving time and time again that we are stronger because of you. **THANK YOU** for your support.

Our goal at camp is to provide a safe environment for kids with diabetes to have an outdoor, summer camp experience, just like any other child. Not only do they get to have a wonderful recreational experience, campers also learn about their disease and receive informal education in diabetes self-management under the supervision of camp nurses and through counselors who model responsible diabetes management. We also provide formal and informal education regarding diabetes self-management and regular connection points for campers, parents and family members who need support and want to meet other families through our CSL Connects programs. We hope that Camp Sweet Life provides a good foundation for kids with Type 1 to successfully develop emotionally, socially, and physically.





## A FEW OUTCOMES FROM LAST YEAR....



150

Attended our 2021 Camp Experience at Camp Courage



30

Youth will be sent to camp with the money raised at the 2nd Annual Strike Out Type 1 Diabetes held in Nov. 2021

## **KEEP THE COST OF CAMP DOWN:**

Lions Clubs – Special thanks to the Lions Club International Foundation (LCIF DIA17102/5M2) for extending their \$50,000 matching grant from 2020 Camp (not held due to covid) to Camp 2022!

#2 CSL thanks Lions Clubs of 5M2 for their continued support from Mankato Area Diabetes Rally and other Lions groups of 5M2 for their continued support of Camp Sweet Life

Grants, Sponsorships, Business Donations, and Individual donations from Supporters: Andreas Foundation, Mankato Clinic Foundation, and Mayo Clinic Health Systems and the multitude of business and individual supporters.

##4 Demographics: Camp Sweet Life is more than just a Mankato based phenomenon. Now reaching all of MN and surrounding states!

## **DIABETES CONNECT**

Diabetes Connect is a support group for children with diabetes to connect with others on the same journey, while also having fun and learning new ways to incorporate diabetes management into daily life.

Meeting Virtually on Microsoft Teams:

February 8: 5:30 - 6:15 March 8: 5:30 - 6:15 April 12: 5:30 - 6:15 May 10: 5:30 - 6:15

See website to register: www.campsweetlife.org



**CAMP SWEET LIFE BOARD & STAFF** 

Robert Larson, MD
CSL President

Jenny Kyllo, MD
CSL Medical Director

# INTERESTED IN MAKING A DIFFERENCE IN KIDS' LIVES?

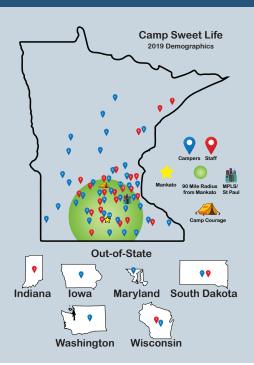
Camp Sweet Life Adventures is seeking staff for its Annual Camp for youth with Type 1 Diabetes! Positions may include:

- Counselors in Training (CIT) age 16/17
- Counselors age 18 and over
- Medical Staff (MD, NP, RN, CDE, PA, EMT, Pharmacist, Student Nurses)

Staff at Camp Sweet Life help transform the lives of kids with Type 1 Diabetes; support the community; learn about diabetes (diabetes training for CIT and Counselors is provided); and have an immeasurable amount of fun!!

For requirements and more information, go to www.campsweetlife.org or email info@campsweetlife.org





#### **ABOUT CAMP SWEET LIFE**

Our organization grew out of the need for children with Type 1 Diabetes and their families to establish local support networks. Minnesota's first camp for children with Type 1 Diabetes was held at Camp Norseland, a Scout Camp near St. Peter on July 23, 2010. The one day camp so successful that we expanded to a two-day camp with an overnight experience in 2011, and a three-day, two-night camp in 2012. Due to growing interest and demand, we have moved locations twice (from Camp Norseland to Camp Patterson, to its now present location of Camp Courage (a True Friends ACA accredited facility) near Maple Lake MN.

- Camp Sweet Life (CSL) Adventures, Inc. is a 501c3 non-profit organization. Started back in 2010 with a 1 day camp with 26 youth with Type 1 Diabetes (T1D).
- In 2010 26 campers, In 2017 70 campers, In 2018 90 campers and a staff of 75! In 2019 120 campers and a staff of 67. 2020 no camp (covid). 2021 150 participants at a one day experience (no week-long camp due to covid). Camp originally held at Camp Patterson, now camp is held at Camp Courage a True Friends American Camp Association (ACA) Accredited Camp. Located just west of Buffalo, MN off Hwy 55.
- Camp Sweet Life is the only diabetes camp in Minnesota
- Day Campers (ages 5-7), Overnight Campers (ages 8-15), Counselor in Training (CIT's ages 16 & 17), Counselors, Medical Staff (24/7 during camp), Nutritionist, Social Worker, and Program staff!

## SAVE THE DATE!!



## CAMP SWEET LIFE 2022 JULY 31-AUGUST 4

At Camp Courage a True Friends Camp Maple Lake, MN





