



Connecting, empowering and transforming kids with Type 1 Diabetes

Camp Sweet Life Adventures – Nutritionist Job Description

Updated – Dec 01, 2025

Camp Sweet Life Overview:

Camp Sweet Life Adventures has been providing a camping experience for kids with Type One Diabetes since 2010. Camp is currently being held in Maple Lake, MN at an American Camp Association (ACA) accredited facility called Camp Courage. Dining room and kitchen facilities are air-conditioned with enough room to handle Camp Sweet Life dining in one shift for each meal! Our camp in the past has had approximately 125 youth campers (day campers age 5-7, overnight campers age 8-15, counselor in training (age 16/17). Staff (age 18 and older – Counselors, Medical, Program) approximately 73 = approx. 196 youth and adults during our camp week!

Position Overview:

To assist in the support, nutrition, health, safety, and enjoyment of campers by collaborating with the Camp Director, Medical Director, Counselor Director, Program Leads, Nutritionist, and all staff to ensure a well-organized and successful camp experience.

Essential Job Functions:

Attend Camp Committee meetings virtually or in person (1st Sunday of each month starting at 6:00pm – 7:30) from September through the start of camp (Camp is currently held in July – July 24 – July 30, 2026)

Prior to camp duties:

Set menu with carb counts (May/June)

Create carb books (June) (regular and GF)

Print Carb Books (July- printed in Mankato)

Coordinate with vendors for FREE Camp Food and Snacks (April – July)

Pick up snacks and meals for staff – and deliver to camp Courage

Pick up juice boxes (Upper Lakes Foods), juice bottles (Costco), fruit snacks (Sam's Club), beef sticks (Klements), cheese sticks (Bongards) and snacks (ULF or Sam's)

Pick up paper supplies for staff meals and (snacks) to be held in Lower Lake 3

Pick up Crystal Light

Pick up Gluten Free snacks and items needed for staff (Hy-Vee)

- **Attend Camp** - room and board will be provided during camp (we glamp – not camp- all cabins have AC!)
 - A. During staff training on Saturday run Carb Counting and nutrition part of training.
 - B. During round-robin on Sunday (when Campers arrive) run nutrition conversation with campers and staff (Sunday Afternoon)

- **During camp:**

Fill water jugs with water and crystal light - ropes course, by the lake, archery, pool/gym. - If applicable supplies are needed for a field trip. And one of each at night for Woodlands

Have afternoon snacks ready at lunchtime for the cabins to pick up

Keep Lakeside 3 - staff snacks area clean and stocked

Prepare evening snack - Camp Courage staff prepares it but you may need to build it

Be the middle person for any menu changes or special diet/meal change requests

Stock cabin overnight snacks - juice boxes, juice bottles, fruit snacks, beef sticks, cheese sticks, etc

- Attend Camp nightly staff meetings (9:00pm) Check in daily with Counselor Lead to assist in documentation of counselor performance and behavior.
- Perform other duties as assigned.

Requirements

- 2 years' experience in food service preparation and management.
- Readiness and ability to adapt to camp work environment.
- Knowledge about diabetes as it relates to dietary concerns.
- Knowledge of kitchen sanitary/safety requirements and procedures.
- Demonstrated staff management abilities.
- Demonstrated ability to work cooperatively as a team member
- Demonstrated ability to work with children.
- Ability to delegate responsibility and organize time.

Physical Demands

- Good Physical and mental health, neat, clean, and well groomed.
- No documented acute or chronic health conditions that may be affected by camp setting.
- Ability to live in a camp environment with rough terrain, exposure upon occasion to the outdoor elements, and to live in close proximity to colleagues' day and night.

Stipend: This nutritionist position pays \$1,750 stipend at the end of camp. This is for all pre-camp, during camp, and post camp. Meals and room are paid for by CSL while attending camp.

NOTE: This job description is not intended to be all-inclusive. The employee may perform other related duties as negotiated to meet the ongoing needs of the organization